

## POST OPERATIVE CARE FOR CROWN (1<sup>ST</sup> APPOINTMENT)

- As with most dental procedures, the area surrounding the tooth will be sore for a few days due to the instrumentation around the tissues or from the delivery of anesthetic (especially in the lower jaw). This should resolve within a few days.
- Sensitivity to hot/cold temperatures or chewing is normal due to irritation from the procedure itself or from the temporary crown.
- The temporary crown will be placed with a weak cement, therefore please avoid chewing sticky/hard foods or gum. When flossing, please take special care to remove the floss by pulling it to the side not back up between the teeth. Once the permanent crown has been placed, flossing can resume as normal.
- If your bite feels uneven once the anesthetic wears off, call our office to schedule an appointment to adjust your occlusion (bite). This uneven "bite" puts too much pressure on a specific tooth, causing the tooth to be painful and the temporary crown to break.
- If the temporary crown dislodges, keep the temporary and contact our office to have it recemented. If this should occur after office hours, a small of toothpaste or denture adhesive inside the temporary may be used for cement until you can get back in **NEVER** recement a temporary or permanent crown with any household glues, cements or adhesives.