

## POST OPERATIVE CARE FOR COMPOSITE (WHITE) FILLINGS

- The new fillings are completely “set up” at the end of the appointment; therefore you are able to chew as soon as you feel comfortable. Be careful that you do not chew on your cheek, tongue or lips until the numbness has completely worn off.
- Sensitivity to hot/cold or even with chewing following treatment is normal. Give the sensitivity a few days to subside. If problems still exist after 30 days, please contact our office to schedule a follow up evaluation with your doctor.
- If your bite feels uneven once the anesthetic wears off, call our office to schedule for an appointment to possibly adjust your occlusion (bite). This uneven “bite” puts too much pressure on a specific tooth causing the tooth to be painful and eventually breaking the new filling.
- Soreness around the gum or jaw area is a common due to the possible close proximity of the decay to the gum tissue, the instrumentation that may have been used to for the material, or from the delivery of the anesthetic (especially on the lower jaw). The discomfort should resolve in a few days. Tylenol or Motrin may be used to help relieve the discomfort.
- If you should have any other questions or concerns regarding your new composite “white” fillings please do not hesitate to contact us at (937) 644-1311.